

## THE ANNUAL MPA MEETING: A HYBRID

### OPTIMIZING KNOWLEDGE, PROVIDING SUPPORT & AIDING RECOVERY

19-21 NOVEMBER 2021

SHERATON HOTEL, PJ

#### PROGRAM AT A GLANCE

Updated: 1330  
hours October 28, 2021

Friday, November 19		Saturday, November 20		Sunday, November 21	
0800 - 0900	Registration	0730-0830	Registration	0830-0900	<p><b>Plenary 4</b></p> <p><i>Optimizing MDD Treatment with Venlafaxine - Deep dive into its unique pharmacology and highlighting the benefits of the flexible dosing the medicine offers</i></p> <p><b>Rakesh Jain</b></p> <p>Chairperson: <b>Joven Mailvaganam</b></p>
0900 - 1200	Workshop 1: Insomnia management update: diagnosis & treatment	0830-0900	<p><b>Plenary 1</b></p> <p>Managing Treatment Adherence in Patients with Bipolar I Disorder <b>Leslie Citrome</b></p> <p>Chairperson: <b>Firdaus Dato' Abdul Ghani</b></p>	0900-0930	<p><b>Plenary 5</b></p> <p><i>Amidst a raging pandemic: Is the pandemic anxiety and sleepless night real?</i></p> <p><b>Ng Chong Guan</b></p> <p>Chairperson: <b>Thong Kai Shin</b></p>

landscape					
	<b>Speakers:</b>  <b>Ahmad Hatim Sulaiman &amp; Ng Chong Guan</b>	0900-1000	<b>Opening Ceremony</b> Master of Ceremony <b>Ahmad Rostam Md Zin</b>  <b>Hazli Zakaria</b> President Malaysian Psychiatric Association  <b>YB Senator Datuk Ras Adiba binti Mohd Radzi</b>	0930-1000	<b>Plenary 6</b>  Managing Real-World Challenges in MDD: Is there more to offer? <b>Roger S. McIntyre</b>  Chairperson: <b>Ting Joe Hang</b>
				1000-1100	ASEAN Psychiatry Quiz 3 <sup>rd</sup> place Play off (ECP)  Chairperson: <b>Terrence Mojikon</b>
	1000-1100	<b>BREAK</b> <b>Online Free Paper Oral Presentation</b>  The effect of regular kratom ( <i>Mitragyna speciosa</i> Korth) use on endoplasmic reticulum stress sensors  <b>Nurul Atiqah Fauzi, Mohammad Farris Iman Leong bin Abdullah, Shahrul Bariyah Sahul Hamid, Tan Mei Lan</b>	1100-1130	<b>Plenary 7</b>  Managing Negative Symptoms of Schizophrenia: How Far Have We Come <b>Ahmad Hatim Sulaiman</b>  Chairperson: <b>Seed Hon Fei</b>	
			1130-1215	<b>Plenary 8</b>  <i>The Past Presidents Speak: So listen</i>	
			Shared Decision-Making and Role Preference Among Patients with Schizophrenia in Malaysia: A		

			<p>Cross-Sectional Study</p> <p><b>Mohamad Ayob Ismail and Marhani Midin</b></p> <p>Social and Emotional Competencies Among Malaysian Adolescents: Parents and Teachers Perspectives</p> <p><b>Nur Hazwani Bt Abd Hadi, Tong Seng Fah, Prof. Marhani Midin, Abdul Rahman Ahmad Badayai, Chan Lai Fong, Hajar Mohd Salleh Sahimi</b></p> <p>Chairperson: <b>Nik Ruzyanei Nik Jaafar</b></p>		<p>My psychiatric journey: Are there things I would change?</p> <p><b>Mohamad Hussain Habil</b> &amp;</p> <p><i>Lessons learned from my career as a psychiatrist.</i></p> <p><b>Yen Teck Hoe</b></p> <p>Chairperson: <b>Jeyarajah Selvadurai</b></p>
1430 - 1730		1100-1130	<p>Plenary 2</p> <p>Expanding the LAT treatment in Schizophrenia. How can it relate to your practice?</p> <p><b>Ng Chong Guan</b></p> <p>Chairperson: <b>M Fadzli Isa</b></p>		
		1130-1200	<p>Plenary 3</p> <p>Treatment continuity for functional recovery in depression</p> <p><b>Koh Ong Hui</b></p> <p>Chairperson: <b>Al Zilal Abd Wahid</b></p>		

<p><u>Workshop 2:</u> StEWARD* – A Focus for Tomorrow in Treatment Resistant Major Depressive Disorder (MDD) and Suicidal Ideation</p> <p><b>(StEWARD:</b> Scientific Experts Working Towards Advocacy and Recovery in mental Disorders)</p> <p><b>Speakers:</b> <i>Hazli Zakaria</i> <i>Ken Ung</i></p> <p><i>Nik Ruzyanei</i></p>	1200-1245	<p><b>Lunch symposium</b></p> <p>Revolutionary Treatment for Difficult To Treat MDD</p> <p><b><i>Gregory W. Mattingly</i></b></p> <p><u>Chairperson:</u> <b><i>Hazli Zakaria</i></b></p>	1215-1245	<p><b>Lunch symposium</b></p> <p>New Insights into Guideline-based Approach for Treating Bipolar Disorder</p> <p><b><i>Siti Hazrah Selamat Din</i></b></p> <p><u>Chairperson:</u> <b><i>Ahmad Rostam Md Zin</i></b></p>
	1245-1400	<p><b>Lunch &amp; Online Free Paper Oral Presentation 2</b></p> <p>The top challenges among adolescent in Malaysia: A systematic review</p> <p><b><i>Aimi Nur Athira Putri Baharuddin, Nik Ruzyanei Nik Jaafar, Tan Kit-Aun, Rahima Dahalan, Azlin Baharudin, Normala Ibrahim, Nurul Ain Mohamad Kamal, Luke Woon Sy-Cherng</i></b></p> <p>Advocacy in decriminalisation of suicide: Role of medical students</p> <p><b><i>Nurul Firzanah Mohd Darwis, Jivanarajahn Rajendra Kumar, Kuhaneshvaren Elanggovan, Jiann Lin Loo, Nicholas Pang, Wendy Shoemith, Yong Guang Teh</i></b></p>	1300-1400	<p><b>Lunch Break</b></p>

	<p><b><i>Nik Jaafar</i></b></p> <p><b><i>&amp;</i></b></p> <p><b><i>Ng Chong Guan</i></b></p>		<p>Psychoanalysis through lego® serious play®: a student's introspective</p> <p><b><i>K. Elanggovan, N.F. Mohd Darwis, J. Rajendra Kumar, J.L. Loo, N. Pang, W. Shoesmith, Y.G. Teh</i></b></p> <p><u>Chairperson:</u> <b><i>Siti Nordiana Dollah</i></b></p>		
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		1400-1530	<p><b>Symposium 1</b></p> <p>Psychological Approaches: Understanding and managing depressed adolescents</p> <p>Adolescent depression through the pandemic. Did anything change? <b>Aili Hanim Hashim</b></p> <p>The family and a depressed/ irritable adolescent <b>Ng Boon Seng</b></p> <p>Adult depression and its impact on the family <b>Akramul Zikri b Abd Malek</b></p> <p><u>Chairperson:</u> <b>Aili Hanim Hashim</b></p>	<p><b>Symposium 2</b></p> <p>Islamic Psycho-spiritual Therapy during difficult times</p> <p>Psychospiritual Health During This Trying Time <b>Hatta Shahrom</b></p> <p>Surviving the pandemic: Application of psychospiritual cognitive restructuring in the management of chronic pain <b>Zubaidah Jamil Osman</b></p> <p>Challenges of psychospiritual therapy in context of multicultural society <b>Asrenee Ab Razak</b></p> <p><u>Chairperson:</u> <b>Asrenee Ab Razak</b></p>	1400-1500	<p><b>Symposium 5</b></p> <p>COVID in the workplace: sharing experiences and building resilience.</p> <p><i>Power of Community Resilience in Times of Pandemic</i> <b>Hazel Saw Huey Szee</b></p> <p><i>COVID-19 : A Personal &amp; Professional Journey</i> <b>Deepa D. Amarnath</b></p> <p><u>Chairperson:</u> <b>Moey Chee Hoong</b></p>	<p><b>Symposium 6</b></p> <p>Neuro-psychiatric sequelae of COVID-9 <b>Chee Kok Yoon</b></p> <p>Psychiatric complication of COVID-19 <b>Umi Adzlin Silim</b></p> <p><u>Chairperson:</u> <b>Chin Han Lim</b></p>
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		1530-1545	<b>BREAK</b>		1500-1600	<p style="text-align: center;"><b>Symposium 7</b></p> <p>Future direction of psychiatry</p> <p>The Future Direction of Early Career Psychiatrist in KKM <b>Salina Binti Abdul Aziz</b></p> <p>Being an Early Career Psychiatrist in Malaysia <b>Ravivarma Rao Panirselvam</b></p> <p style="text-align: center;"><u>Chairperson:</u> <b>Al Zilal Abd Wahid</b></p>	<p style="text-align: center;"><b>Symposium 8</b></p> <p>Military readiness in a pandemic</p> <p>Frontliners and social support service during pandemic – the overview <b>Mohd Badli Mahmud</b></p> <p>Grace Under Pressure: The Challenges &amp; Way Forward <b>Siti Nordiana Dollah</b></p> <p style="text-align: center;"><u>Chairperson:</u> <b>Mohd Farid Yusof</b></p>
		1545-1715	<p style="text-align: center;"><b>Symposium 3</b></p> <p>Telehealth and dementia during the pandemic</p> <p>Late Life Depression during the Pandemic <b>Benedict Francis</b></p> <p>How to Age Healthily during COVID-19 <b>Khairul Arif Razali</b></p> <p>Telehealth and Dementia <b>Shobha Sharma</b></p> <p style="text-align: center;"><u>Chairperson:</u> <b>Benedict Francis</b></p>	<p style="text-align: center;"><b>Symposium 4</b></p> <p>Effects of covid-19 pandemic on children with neurodevelopmental disorders: the Malaysian and the Japanese picture</p> <p>Challenges faced by parents and children with neurodevelopmental disorder: a Malaysian picture <b>Aishah Ahmad Fauzi</b></p> <p>Challenges faced by parents and children with neurodevelopmental disorder: a Japanese picture <b>Yamamoto Tomoka Masaya Tachibana Arika Yoshizaki Atsuko Ishii</b></p> <p style="text-align: center;"><u>Chairperson:</u> <b>Aida Syarinaz Ahmad Adlan</b></p>	1600-1700	<p style="text-align: center;"><b>Symposium 9</b></p> <p>ASEAN Psychiatry Quiz Finale (ECP)</p> <p style="text-align: center;"><u>Chairperson:</u> <b>Nicholas Pang Tze Ping</b></p>	

		1900-2100	<p>Dinner symposium <i>By invitation</i></p> <p>Re-embrace life with Schizophrenia: Managing treatment gaps to better life functionality <i>Roger S. McIntyre</i></p> <p>Chairperson: <i>Ahmad Hatim Sulaiman</i></p>	1700-1730	<p><b>Closing Ceremony</b></p> <p>Master of Ceremony <i>Rahidah Rahim</i></p> <p>Announcement of Best Paper Winners (pending) &amp; ASEAN Psychiatry Quiz</p> <p><i>Ahmad Hatim Sulaiman</i> President-Elect Malaysian Psychiatric Association</p>