



**2025 PRE-SYMPOSIUM WORKSHOP ON
PSYCHOSEXUAL THERAPIES FOR SEXUAL DYSFUNCTION AND VAGINISMUS
AND THE 2025 INTERNATIONAL SYMPOSIUM ON SEXUALITY AND GENDER
FOR MENTAL HEALTH (ISSGMH).**



It is honored to welcome all the participants and speakers to this **2025 pre-symposium workshop on Psychosexual Therapies for Sexual Dysfunction and Vaginismus and the 2025 International Symposium on Sexuality and Gender for Mental Health (ISSGMH)**. This scientific event will be held in Kuala Terengganu, Terengganu, Malaysia. The objective of this workshop and symposium is to share, learn, and enrich the current knowledge and “art to do” for the treatment of psychosexual problems among male and female patients, which encompasses addressing sexual issues like vaginismus, gender orientation, mental health and sexuality, sexual addiction, male and female sexual dysfunctions. During the workshop training, the expert will be participating in an interactive session with the audience in sharing new novel techniques of psychosexual therapy, which is much needed by medical health professionals (doctors, mental health nurses), counselors, psychologists, clinicians, and academicians in their day-to-day practice. On the next day, i.e., on 31 May 2025 and 1 June 2025, we will have a two-day symposium discussing various issues on sexuality and sexual dysfunction.

With eminent speakers from Australia, Indonesia, and Malaysia attending this scientific event, it will be an exciting platform for us to deliver the objectives of our workshop and the management of patients with sexual difficulties. An interesting new topic, such as “sexual pleasure training” in psychosexual therapy, is a highlight of this meeting, besides learning tips for handling couples with issues of fidelity. A step-by-step technique for treating vaginismus would be delivered by an expert from Bandung, Indonesia, teamed by the clinicians from Hospital Limijati, and a Cognitive-Behavior Therapy (CBT) expert from Universiti Putra Malaysia, Selangor, Malaysia.

We welcome you all to the workshop and hope you all will have a great time. Thank you.

Professor Hatta Sidi, on behalf of the Organizing Committee
**2025 pre-symposium workshop on Psychosexual Therapies for
Sexual Dysfunction & Vaginismus and ISSGMH**

30 May 2025 (Friday)

0800 - 0815	Registration	Moderator
0815 – 0820	Opening address (<i>Professor Hatta Sidi, Workshop Chairman/UKM</i>)	<i>Dr. Khairi Che Mat</i>
0820 - 0905	Helping patients seeking pleasure and sexual satisfaction: An overview of the psychosexual therapy <i>Dr. Christopher Fox, University of Sydney, Sydney, Australia, and Treasurer, Asia-Oceanic Federation of Sexology (AOFS) 2022-2024</i>	<i>Dr. Khairi Che Mat</i>
0905 -0950	Sexual pleasure beyond marriage: Focusing on the clinical vignette discussion on the possibility of re-build trust following affairs. <i>Dr. Umi Adzlin Silim, Senior Consultant Liaison-Psychiatrist, Hospital Sultan Idris Shah, Serdang, Selangor, Malaysia.</i>	<i>Dr. Khairi Che Mat</i>
0950 - 1005	Q & A Session (For all panelists)	<i>Dr. Khairi Che Mat</i>
1005 - 1015	Tea break	
1015 - 1145	Updates on the Treatment for Female Sexual Dysfunction: Psychological vs. Pharmacological Approaches <i>Associate Professor Dr. Rosediani Muhamad, Consultant Family Physician, Universiti Sains Malaysia (USM) and President, AOFS 2022 - 2024</i>	<i>Dr. Noor Melissa Nor Hadi</i>
1145 - 1215	Psychological and Pharmacological Treatment for Male Sexual Dysfunction: The New Challenges for Erectile Dysfunction <i>Professor Dr. Shaiful Bahari Ismail, Senior Consultant Family Physician, Medical Campus, Universiti Sains Malaysia, Kubang Kerian, Kota Bharu, Kelantan</i>	<i>Dr. Noor Melissa Nor Hadi</i>
1215 - 1230	Q & A Session (For all panelists)	
1230 - 1300	Lunch Talk & Lunch	

1300 – 1430	Rest and Friday Prayer	
1420 – 1450	<p>The psychological treatment for vaginismus: Focus on the CBT</p> <p><i>Professor Dr. Firdaus Mukhtar, Senior Consultant Psychologist, Universiti Putra Malaysia (UPM) & President, Asian Cognitive Behavior Therapies Association</i></p>	<p><i>Dr. Tengku Mohd. Saifuddin Tengku Kamarul Bahri</i></p>
1450 - 1540	<p>The step-by-step treatment for vaginismus treatment: The successful experience of Assisted Self-Dilation (ASD)</p> <p><i>Dr Robbi Asri Wicaksono, Consultant Gynecologist, Hospital Limijati, Bandung, West Indonesia</i></p>	<p><i>Dr. Tengku Mohd. Saifuddin Tengku Kamarul Bahri</i></p>
1540 – 1615	<p>The role of psychological treatment for ASD: Sharing the experiences for the treatment of vaginismus from West Bandung, Indonesia</p> <p><i>Dr Elvine Gunawan, Consultant Psychiatrist, Hospital Limijati, Bandung, West Indonesia</i></p>	<p><i>Dr. Tengku Mohd. Saifuddin Tengku Kamarul Bahri</i></p>
1615 - 1645	<p>Pleasuring for a disabled person: What are the roles of dildos, vibrators, and other sex toys as a form of treatment?</p> <p><i>Dr Akmal Hafizah Zamli, Consultant Rehabilitation Physician, Hospital Sungai Buloh, Sungai Buloh, Selangor, Malaysia</i></p>	<p><i>Dr. Tengku Mohd. Saifuddin Tengku Kamarul Bahri</i></p>
1645 - 1730	Tea break, Q & A Session, and vaginismus workshop	
1730	Closing remarks (<i>Dr. Khairi Che Mat, Deputy Program Chairperson / UniSZA</i>)	

DAY 1: 31/5/2025 (Saturday)

0800 - 0830	Registration	
	Scientific session: Grand Camellia Ballroom, Paya Bunga Hotel	
0830 - 0900	Opening ceremony and "lagu Negaraku"	
0900 - 0920	<p>Plenary 1: Neuroscience basis of sexuality and sexual dysfunction</p> <p><i>Dr. Christopher Fox, University of Sydney, New South Wales, Australia, and Treasurer, Asia-Oceanic Federation of Sexology (AOFS) 2022 – 2024</i></p> <p><i>Moderator: Professor Dr Normala brahim</i></p>	
0920 - 0940	<p>Plenary 2: Sexuality, culture, and religiosity</p> <p><i>Dr. Khairi Che Mat, Senior Psychiatrist and Lecturer, Faculty of Medicine Universiti Sultan Zainal Abidin (UniSZA)</i></p> <p><i>Moderator: Professor Dr Normala brahim</i></p>	
0940 – 1000	<p>Plenary 3: Mental health, personality disorders, and sexuality</p> <p><i>Associate Professor Dr Mohammad Farris Iman Leong Abdullah, Psychiatrist and Lecturer, Faculty of Medicine, UniSZA</i></p> <p><i>Moderator: Professor Dr Normala brahim</i></p>	
1030 - 1050	Tea break	
	Scientific session: Grand Camellia Ballroom, Paya Bunga Hotel	Free paper presentation: Iris 3 Room, Paya Bunga Hotel
1050 - 1110	<p>Female sexual dysfunction: A qualitative perspective</p> <p><i>Associate Professor Dr. Rosediani Muhamad, Consultant Family Physician, Universiti Sains Malaysia (USM) and President, AOFS 2022 – 2024</i></p>	<p>Free Paper presentation:</p> <p>Oral free paper:</p> <p>8 – 10 minutes for each participant</p>

	<i>Moderator: Dr Khadijah Hasanah Abang Abdullah</i>	
1110 - 1130	<p>The psychological approach for a multi-dimensional perspective of sexual difficulties: Female and Male Sexual Dysfunction</p> <p><i>Associate Professor Dr. Nora Mat Zin, Consultant Psychiatrist, International Islamic University of Malaysia (IIUM)</i></p> <p><i>Moderator: Dr Khadijah Hasanah Abang Abdullah</i></p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>
1130 - 1150	<p>The relationship between male and female sexual dysfunction: A pair of perfect gloves?</p> <p><i>Dr. Purba Deo, Psychiatrist, Rumah Sakit Tanjung Uban, Bintan Island, Indonesia</i></p> <p><i>Moderator: Dr Khadijah Hasanah Abang Abdullah</i></p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>
1150 - 1210	<p>An update on the management of erectile dysfunction: (ED) and premature ejaculation (PE): What have we learned and what can we offer?</p> <p><i>Professor Dr. Shaiful Bahari Ismail, Senior Consultant Family Physician, Medical Campus, Universiti Sains Malaysia, Kubang Kerian, Kota Bharu, Kelantan.</i></p> <p><i>Moderator: Dr Khadijah Hasanah Abang Abdullah</i></p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>
1210 - 1230	Q & A Session	
1230 - 1250	Lunch Talk	<i>Moderator: Dr Khadijah Hasanah Abang Abdullah</i>
	<i>Scientific session: Grand Camellia Ballroom, Paya Bunga Hotel</i>	<i>Free paper presentation: Iris 3 Room, Paya Bunga Hotel</i>

1250 - 1310	<p>Addressing Vaginismus and the Cognitive Behavior Therapy (CBT) treatment</p> <p><i>Professor Dr. Firdaus Mukhtar, Senior Consultant Psychologist, Universiti Putra Malaysia (UPM)</i></p> <p><i>Moderator. Era Catur Prasetya</i></p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>
1310 - 1330	<p>The psychological approach in assisted self-dilatation of vaginismus treatment: The success story from West Bandung, Indonesia</p> <p><i>Dr Elvine Gunawan, Psychiatrist, Hospital Limijati, Bandung, West Indonesia</i></p> <p><i>Moderator. Era Catur Prasetya</i></p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>
1330 - 1350	Q & A Session	
1350 - 1400	Lunch	
1400 - 1420	<p>Sexuality and disability: Pleasuring the disabled person</p> <p><i>Dr. Akmal Hafizah Zamli, Senior Consultant Family Physician, Hospital Sungai Buloh, Sungai Buloh, Selangor, Malaysia.</i></p> <p><i>Moderator. Era Catur Prasetya</i></p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>
1420 - 1500	<p>Sexual pleasure beyond marriage: Infidelity, its consequences and the possibility to rebuild trust following affairs.</p> <p><i>Dr. Umi Adzlin Silim, Senior Consultant Liaison-Psychiatrist, Hospital Sultan Idris Shah, Serdang, Selangor, Malaysia.</i></p> <p><i>Moderator. Associate Professor Dr. Nora Mat Zin</i></p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>
1500 - 1520	<p>Antidepressants, antipsychotics, and sexual dysfunction</p> <p><i>Dr. Lucky Saputra, Lecturer, Padjadjaran University and Senior Consultant Psychiatrist,</i></p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>

	<p><i>Hasan Sadikin General Hospital, Bandung, West Indonesia</i></p> <p><i>Moderator. Associate Professor Dr. Nora Mat Zin</i></p>	
1520 – 1540	<p>Pornography and mental health</p> <p><i>Dr. Ratna Istiastuti, Psychiatrist, Rumah Sakit Umum Batam, Batam, Indonesia</i></p> <p><i>Moderator: Dr. Purba Deo</i></p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>
1540 - 1600	<p>Pornographic addiction among teenagers</p> <p><i>Dr. Faiz Tahir, Psychiatrist UIAM</i></p> <p><i>Moderator: Dr. Purba Deo</i></p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>
1600 – 1620	<p>Medical and psychiatric treatment for pornographic addiction</p> <p><i>Dr. Mohd Fadzli Isa, President, Malaysian Psychiatric Association (MPA)</i></p> <p><i>Moderator: Dr. Purba Deo</i></p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>
1620 – 1700	<p>Q & A Session</p>	<p><i>Oral free paper:</i></p> <p><i>8 – 10 minutes for each participant</i></p>

DAY 2: 1/6/2025 (Sunday)

0800 - 0830	<p><i>Venue: Dewan Kuliah Utama (DKU), Universiti Sultan Zainal Abidin, Gong Badak, Terengganu</i></p>	
	<p><i>Registration</i></p>	<p><i>Moderator</i></p>
0830 - 0840	<p>Welcome Remarks</p>	<p><i>Professor Dr Normala brahim</i></p>
0840 – 0900	<p>Gender Identity, Gender Dysphoria, and Management</p> <p><i>Dr. Christopher Fox, University of Sydney, Sydney, Australia, and Treasurer, Asia-Oceanic Federation of Sexology (AOFS) 2022 – 2024</i></p>	<p><i>Professor Dr Normala brahim</i></p>

	<i>Moderator: Professor Dr Normala brahim</i>	
0900 – 0920	<p>Gender Sensitivity & Inclusivity: East vs. West</p> <p><i>Professor Dr. Rafidah Hanim Mokhtar, Universiti Sains Islam Malaysia (MyGIFT team leader), International Women’s Alliance for Family Institution and Quality Education (WAFIQ), and Co-Chair, Malaysian Alliance of Civil Society Organizations (MACSA)</i></p>	<i>Professor Dr Normala brahim</i>
0920 – 0940	<p>Khuntha in Biological Discourse: Issues and Challenges</p> <p><i>Dr Taqwa Bt Zabidi, Senior Assistant Director, Division Research, Department of Islamic Development Malaysia (JAKIM)</i></p>	<i>Dr. Noor Melissa Nor Hadi</i>
0940 - 1000	<p>Gender dysphoria and treatment: the Indonesian Experience</p> <p><i>Dr. Veranita Pandia, dr., SpKJ(K),. M.Kes., Lecturer and Psychiatrist, Faculty of Medicine, Universitas Padjadjaran, Bandung, West Java, Indonesia</i></p>	<i>Dr. Noor Melissa Nor Hadi</i>
1000 - 1020	<i>Q & A session</i>	<i>Dr. Noor Melissa Nor Hadi</i>
1020 - 1040	<i>Tea Break</i>	
1040 – 1300	<p>Forum: Exploring Gender Identity and Sexual Orientation through Spiritual Lens</p> <p>Panel 1: <i>Reverend Tryphena Law</i> Ordained Minister with the Assemblies of God Malaysia, Executive Director of PLUC Events Sdn Bhd</p> <p>Panel 2: <i>Dr. Norhidayah Mohamad Nawawy,</i> Department of Education, Malaysian Institute of Education, Malaysian Campus Dato' Razali Ismail, 21030 Kuala Nerus Terengganu</p> <p>Panel 3: Representative from the LGBT community</p>	<i>Dr. Khadijah Hasanah Abang Abdullah</i>
1300 - 1330	<i>Conclusion</i>	<i>Dr. Khadijah Hasanah Abang Abdullah</i>

1330 - 1400	<i>Closing Ceremony by Professor Dato' Dr. Muhammad Taufiffik Mohd Noor, Deputy Vice-Chancellor (Research and Innovation), Universiti Sains Islam Malaysia, Nilai, Negeri Sembilan and followed by Lunch</i>	<i>Dr. Khadijah Hasanah Abang Abdullah</i>
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VISIT TERENGGANU: THE BEAUTIFUL KUALA TERENGGANU



SPEAKERS FOR THE WORKSHOP AND SYMPOSIUM



**CHRISTOPHER
FOX**

Dr. Christopher Fox is a Senior Lecturer in Sexual Health (Sexology) in the Faculty of Medicine and Health at the University of Sydney where he is also the Co-Director of Sexual and Reproductive Health programs and Pathway Coordinator for the Psychosexual Therapy Pathway in the Postgraduate Program in Sexual and Reproductive Health. He is the Treasurer of the Asia-Oceania Federation of Sexology and has held executive positions on the governing council of the World Association for Sexual Health and the Society of Australian Sexologists, including the National Chairperson.



**UMI ADZLIN
SILIM**

Dr. Umi Adzlin Silim is a Senior Consultant Liaison-Psychiatrist at Hospital Sultan Idris Shah, Serdang, Selangor, Malaysia and a sessional consultant psychiatrist in Andorra Women and Children Hospital and Alaminda Cyberjaya. After graduating from Universiti Kebangsaan Malaysia, she completed her Subspecialty Fellowship in Consultation-Liaison Psychiatry and Women's Mental Health at St. Vincent's and Austin Hospital in collaboration with the University of Melbourne. She is committed to developing comprehensive integrated, patient-centered care by providing psychiatry services to the medically ill. Her interest in acquiring specialized mental health services for women in Malaysia manifested in her involvement in policy and service development alongside training and research.



**SHAIFUL BAHARI
ISMAIL**

Dr. Shaiful Bahari Ismail is the Director of the Medical Campus, and Senior Consultant Family Physician at Universiti Sains Malaysia, Medical Campus, Kubang Kerian, Kelantan. He graduated in medicine from the University of Malaya, Kuala Lumpur, Malaysia in 1992. He completed his postgraduate training in MMED (Family Medicine) at USM in 1999 and in the same year obtained his MAFP/FRACGP qualification. In the year 2006, he completed his Fellowship training program in Male Sexual and Reproductive Health at Monash University, Melbourne, Australia. His research interests is on chronic diseases especially Diabetes Mellitus and hypertension, in medical education and also research in the area of sexual and reproductive health.



**FIRDAUS
MUKHTAR**

Firdaus Mukhtar is the Deputy Dean of the Faculty of Business Administration and has also been a clinical psychologist for more than 18 years. She has been nominated as the President-Elect for Asian Cognitive Behavioral Therapy (CBT) and will be the Advisor for the 7th Asian CBT Conference. She is the first secretary of the Malaysian Clinical Psychological Association. In 2011-2013, he was appointed as a World Health Organization (WHO) CBT Consultant in Malaysia to develop a CBT manual to manage chronic medicine and provide CBT training to Family Physicians. In 2012, L'oreal Malaysia awarded her as a Young Female Researcher, and has won numerous awards internationally. Since 2000, she has trained many psychiatrists, clinical psychologists, counselors, audiologists, undergraduate and graduate trainees, and the community, not only in Malaysia but also in several other Asian countries including Australia. She has been appointed as a Key Referral Expert by many government institutions and private industrial collaborators and is considered the world's leading expert in depression and anxiety in general, and more specifically in group CBT and Dialectical Behavior Therapy for sexual and personality disorders.



**ROSEDIANI
MUHAMMAD**

Rosediani Muhamad is an Associate Professor in Family Medicine, at Universiti Sains Malaysia (USM), Kubang Kerian, Kelantan, Malaysia. She currently works at the Department of Family Medicine USM and has been active in research and clinical treatment for female sexual dysfunction. She does research in General Practice, Primary Care, Diabetes, and Women's and sexual health

. Their most recent publication is 'Managing Women with Sexual Dysfunction: Difficulties Experienced by Malaysian Family Physicians'.



**ROBBI ASRI
WICAKSONO**

Robbi Asri Wicaksono, born in Surakarta, Central Java, Indonesia has been a consultant in Obstetrics & Gynecology (O & G) since 2011 at Padjadjaran University-Hasan Sadikin General Hospital Faculty of Medicine. In 2013, he was specifically trained by plastic surgeon Peter T. Pacik, a recognized world pioneer for treating vaginismus with Botox-Multimodalities, and a major contributor to evidence-based medicine in the treatment of vaginismus) on "Multimodal Treatment of Vaginismus" at the Manchester New Plastic Surgery Center in Hampshire, United States. Since the beginning of 2017, dr. Robbi has started providing comprehensive medical treatment for vaginismus patients at Limijati Hospital Bandung Indonesia. His team has a vision of "Supporting Vaginismus and Respecting Vaginismus Patients", making Limijati Hospital the first "Vaginismus Friendly" hospital in Indonesia. In September 2018, dr. Robbi was awarded by the World Records Museum as "The First Activist Doctor Treating Vaginismus in Indonesia" for his role in starting comprehensive treatment for vaginismus patients and supporting vaginismus through the vaginismus campaign.



**ELVINE
GUNAWAN**

Elvine Gunawan, born in Bandung, West Java, Indonesia graduated with a medical doctorate in 2011 and later became a psychiatrist from Padjadjaran University, Bandung Indonesia in 2018. She practices at Melinda Women and Children's Hospital and has been the past secretary of the Psychosexual and Marriage Section of the Indonesian Psychiatry Association (Seksi Psikoseksual dan Marital, Persatuan Dokter Spesialis Kejiwaan Indonesia). Dr Elvine got certification for Mindfulness and Cognitive-Behaviour Therapy (CBT) training from the Beck Institute in 2018. She works with some organizations to promote mental health in the community, especially in West Java. Currently, he is working with the AIDS Prevention Commission for several HIV-AIDS project activities to prevent HIV transmission among the primary population, children, and adolescents. Elvine often involves helping patients with sexual marriage treatment, especially for patients with mental health disorders and vaginismus. Elvine Gunawan has some research on spiritual well-being, psychological well-being, and women's health issues.



**AKMAL HAFIZAH
ZAMLI**

Dr Akmal Hafizah Zamli is the Consultant Rehabilitation Physician and Head of the Selangor Rehabilitation Medicine Services. She is a specialist in rehabilitative medicine at Sungai Buloh Hospital, Selangor, Malaysia. She obtained her MBBS medical degree from the University of Malaya in 1998 and expertise in rehabilitation medicine from the same university in 2006. Dr Akmal pursued brain and spinal cord injury rehabilitation training at Hampstead Rehabilitation Centre, South Australia, in 2010. Subsequently, the National Institute of Occupational Safety and Health commissioned her as a Certified Medical Impairment Assessor. In 2011, she also had the opportunity to work as a Clinical Fellow in Spinal Cord Medicine & Rehabilitation at the Burwood Spinal Cord Unit, Christchurch, New Zealand. She has a deep interest in the study of spinal cord injury disability, especially in the neurogenic bladder, sexuality, and fertility, ultrasound scan-based interventions for spasticity, and treatment of chronic pain. She is very active in sharing her work related to the treatment of disabilities, especially those related to spinal cord injuries.

SPEAKERS FOR THE INTERNATIONAL SYMPOSIUM FOR SEXUALITY AND GENDER FOR MENTAL HEALTH (ISSGMMH)



NORA MAT ZIN

Associate Professor Dr. Nora Mat Zin is the Head of Department, Department of Psychiatry, Kulliyah of Medicine, International Islamic University of Malaysia, Kuantan Pahang, Malaysia. After graduating from UKM in 1996, she became a medical doctor and became a psychiatrist in 2004 from the same university. She achieved her Post Graduate Diploma in Applied Psychology with Merit University of Liverpool ten years later. Dr. Nora has a great passion for mental health education among the workers. With a scholarship background of over 15 years of experience as a psychiatrist, Dr. Nora is active in education and charity work. Dr. Nora is an active speaker at the national and international level by focusing on women's mental well-being, women's rights, stress and marriage, and psycho-spiritual role in the community.



**MOHD. FAIZ
MD. TAHIR**

Dr. Mohd. Faiz bin Md. Tahir is a psychiatrist at Kulliyah of Medicine at the International Islamic University (IIUM), Kuantan, Pahang, Malaysia. He obtained his specialist degree in Doctor in Psychiatry (UKM) and as a medical doctor at UIAM in 2014 and 2002 respectively. His research interests are mood disorders, motivational interviews, and the relationship between spirituality and humanities. Dr. Faiz has been the Assistant Professor at the Psychiatric Department at IIUM Medicine Kulliyah since 2014. Dr. Faiz is a life member of the Malaysian Psychiatry Association (MPA). He is active in speaking at the scientific platform on adult psychiatric fields both at national and international levels.



LUCKY SAPUTRA

Dr. Lucky Saputra is the head, of the Section of Marital and Sexual Therapy for the Indonesian Psychiatric Association (Persatuan Dokter Spesialis Kejiwaan Indonesia, PDSKJI). He graduated Medical Faculty Universitas Padjadjaran and then medical officer, psychiatrist, and lecturer at the same university. His field of specialty is psychosexual and marital therapy and addiction psychiatry. Currently, he is a teaching staff in the Medical Faculty Universitas Padjadjaran (FKUP) and staff, in the psychiatric Department at the Dr. Hasan Sadikin General Hospital (RSHS), Bandung, West Java, Indonesia. Since 2006, he has been a member of the Indonesian Psychogeriatric Association (API), and the Indonesian Society of Addiction Medicine (INDOSAM). He is a member of the Indonesian Sexology Association (ASI).



**KHAIRI CHE
MAT**

Dr. Khairi Che Mat Mukhtar has been a consultant psychiatrist and lecturer at the Department of Psychiatry, Faculty of Medicine, Universiti Sultan Zainal Abidin (UniSZA) from 2012 until the present. Previously he was the Medical Officer at the Malaysian Ministry of Health (1994-2002), and Psychiatrist at the Ministry of Health Malaysia (2002-2012). He then lecturing at UniSZA. Dr. Khairi has published more than 45 scientific papers and many proceedings at the national level. He is also active on many platforms as a speaker and in community services such as mental health education and preparation of UniSZA for postgraduate psychiatry training.



**RATNA
ISTIASTUTI**

Dr. Ratna Istiastuti is consultant psychiatrist, Rumah Sakit Batam, Batam, Indonesia. He studied at Fakultas Kedokteran, University of Trisakti, Indonesia, and became a specialist in psychiatry in 2015 from Universitas Sebelas Maret. She is currently practicing at the Psychiatric Hospital in Batam, Batam, Indonesia. She was the Head of the PDSKJI, the Indonesian Psychiatric Association from 2019- 2023 for Riau and Batam (Riau archipelago, or Kepulauan Rau, KEPRI). She is also active on many platforms as a speaker and active in community services such as mental health education and women's health.



**VERANITA
PANDIA**

Dr. Veranita Pandia born in Kecamatan Parongpong, West Java 61 years ago is a consultant psychiatrist in the department of psychiatry in the Faculty of Medicine at Universitas Padjadjaran, Bandung, West Java, Indonesia. She has numerous publications, i.e., more than 27 articles. She is also involved in developing modules to help the community such as the Suicide Prevention Strategy Model, Based on Educational Institutions 2022, and Character Development Intervention Module Positive in Adolescents and Young Adults 2023. She is active in the Indonesian platform for mental health and women's health such as psychiatry updates and liaison-consultation psychiatry (LCP). She is currently active as a member of the Indonesian Psychiatric Association and is the secretary for the PDSKJI Bandung, 2004 – 2009.



**MOHAMMAD
FARRIS IMAN
LEONG ABDULLAH**

Dr Mohammad Farris Iman Leong Abdullah is currently an Associate Professor in the Faculty of Medicine, Universiti Sultan Zainal Abidin, Kuala Terengganu. He obtained his undergraduate MBBS degree from Manipal University and Doctor of Psychiatry from UKM. He was listed as the Top 2% researcher in the world in the category of citation impact in the single year 2023 by Stanford University, United States of America and he has published more than 65 research papers and peer-reviewed more than 100 research paper submissions in citation indexed journals (including many WoS Q1 and Q2 journals). He was also awarded the Researcher Mobility Grant from the Embassy of France in Malaysia in 2022 and was selected as an editorial board member of several WoS Q1 and Q2 journals, such as Asian Journal of Psychiatry, PLoS One, and BMC Psychiatry as well as ASEAN Journal of Psychiatry. He has also published 6 research books and book chapters to his name. His interest is in mental health issues and stress among young students.



**MOHD. FADZLI
MOHAMAD ISA**

Dr. Mohd. Fadzli Mohamad Isa is the current Malaysian Psychiatric Association (MPA) president. He is also Head of the Addiction Psychiatry Sub-specialty Programme, at the Ministry of Health (MOH) Malaysia. Apart from this, Dr. Mohd Fadzli leads the Addiction Psychiatry Unit (PAdu) at Hospital Kuala Lumpur. Other than his clinical role as an Addiction Psychiatrist after securing the Fellowship in Addiction Psychiatry from MOH. r. Mohd Fadzli is an active trainer and supervisor for Trainee Specialists and Sub-specialists in General Psychiatry and Addiction Psychiatry. He also oversees the training of Family Medicine Specialists and Sub-specialist in Mental Health and Addiction Psychiatry. Dr. Mohd Fadzli is also a member of the Medical Review Panel (MRP) for the Malaysian Medical Council (MMC) for the term 2023-2025. He is also active in organizing psychiatry conferences such as the most recent 20th Pacific Rim College of Psychiatry (PRCP) Conference 2023. Dr. Mohd Fadzli has more than 11 academic publications in peer-reviewed journals and has been invited to speak at numerous national and international psychiatry and mental health events. His interest is in substance use among the LGBTIQ population and internet pornography addiction.



**RAFIDAH
HANIM
MOKHTAR**

Professor Dr. Rafidah Hanim Mokhtar, Universiti Sains Islam Malaysia (MyGIFT team leader), International Women's Alliance for Family Institution and Quality Education (WAFIQ), and Co-Chair, Malaysian Alliance of Civil Society Organizations (MACSA) Dr Rafidah develops great interest in gender physiology and chooses to focus on studies of lesbian, gay, bisexual and transgender when she joined USIM, in line with the philosophy of the university that is Integration of Revealed Knowledge (Naqli) And Rational Science (Aqli) in academic and research. She has been working closely with the Family Health Development Division (FHDD), Ministry of Health Malaysia where she was appointed as an expert panelist in drafting the guidelines for gender health issues for Health Clinics. She was also appointed as an expert panel in developing modules regarding sexual orientation and gender identity issues by the Malaysian Islamic Development Department (JAKIM). Professor Dr Rafidah Hanim is also active in humanitarian and advocacy works. She is the president of the International Women's Alliance for Family Institution and Quality Education (WAFIQ), and the Co-Chairman of the Malaysian Alliance Of Civil Society Organisations In The Universal Periodic Review Process (MACSA).



TAQWA ZABIDI

Dr. Taqwa Zabidi has been the Senior Assistant Director, of the Department of Islamic Development Malaysia, Malaysia from 2008 till now, As an enthusiast in digital and technology, she was involved in the dissemination of information regarding Islamic studies to the public. She received her Doctor of Philosophy in Islamic Studies in 2021 and Bachelor of Human Sciences (Political Science)(Honours) in 2007. Her basic degree is in Bachelor of Islamic Revealed Knowledge (Usul al-Fiqh) (Honours) 2006. She specialized in the Principles of Islamic Jurisprudence (Usul al-fiqh) and Islamic Biomedical Ethics.

ORAL PAPER PRESENTATION

Term:

All oral paper presentations are to be emailed after registration, along with the fee payment and the abstract attached.

Email to Dr. Hatta Sidi at:

hattasidi@hotmail.com OR hattasidi@gmail.com

Type of abstract:

Unstructured

Word count limit:

150 – 200

Font:

12-point Times New Roman

Time for presentation including Q&A:

8 minutes

Mode of presentation:

PowerPoint

Venue:

Iris Room, 13th floor, Hotel Paya Bunga, Kuala Terengganu, Malaysia



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Pre-symposium Workshop

30 MAY 2025

Main Symposium

31 MAY & 1 JUNE 2025

Location:

Pre-symposium Workshop

Camellia Grand Ballroom, Paya Bunga Hotel, Kuala Terengganu,
Terengganu, Malaysia

Main Symposium (Day 1)

Paya Bunga Hotel, Kuala Terengganu, Terengganu, Malaysia

Main Symposium (Day 2)

DKU Hall, UniSZA, Kampung Gong Badak, Terengganu, Malaysia