

# INTERPERSONAL PSYCHOTHERAPY

*Level A Training 2025*

## *A Weekend Retreat*

*at*

**Komune Living & Wellness,  
Cheras**



with

**PROFESSOR  
EMERITUS  
DR. SCOTT STUART**

Director of IPT Institute  
Professor Emeritus,  
University of Iowa

**Date :**

**26-27**

**APRIL 2025**



Get yourself certified with Level A  
Interpersonal Psychotherapy  
(IPT) where you can practise IPT  
skills right away!

*Register here!*

**Two Day Course at  
RM 1500 ( normal price)**

**Discount!**

**RM 1450      RM 1400  
(Early bird)    (Group of 4)**



To register please follow  
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CONSULTATION-LIAISON PSYCHIATRY SERVICES & NATIONAL PSYCHOTHERAPY TASKFORCE





# INTERPERSONAL PSYCHOTHERAPY *COURSE 2025*

**Date : 26-27 APRIL 2025**

**Venue: Komune Living & Wellness,  
Cheras**

**Program  
LEVEL A**

## **DAY 1 26th April 2025**

**7.30-8.00 REGISTRATION**

**8.00 – 9:45 IPT: Theory and  
Evidence for Efficacy**

**9.45 – 1 0.00 Break**

**10.00 – 12.00 IPT: Structure and  
Interpersonal Inventory**

**12.00 – 1.00 LUNCH**

**1.00 – 2.00 IPT: Formulation and  
Summary**

**2.00 – 2.15 Break**

**2.15 – 4.30 IPT: Case  
Presentation: Role Transitions**

## **DAY 2 27th April 2025**

**8.00 – 9:00 Interpersonal Theory**

**9.00 – 10.45 IPT: Case  
Presentation: Interpersonal  
Disputes**

**10.45 – 11.00 Break**

**11.00-12.45 IPT: Techniques**

**12.45 – 2.45 LUNCH**

**2.45 – 3.00 IPT: Techniques**

**3.00 – 3.45 IPT: Case  
Presentation: Grief and Loss**

**3.45 – 4.45 IPT: Conclusion of  
Acute Treatment and Maintenance**