



PRE-CONFERENCE WORKSHOP 2

Responding with Clarity: Suicide Inquiry, Intervention and Postvention for Clinicians & Mental Health Professionals

Date: Friday 24th October 2025

Venue: Le Meridien Hotel, Petaling Jaya

Time: 1430-1730 hours

Helping individuals feeling worthless and hopeless: Enhancing Skills and Self-Care.

Self-harm and suicidality are rising clinical challenges. Clients often present with feelings of hopelessness and despair, or families reach out fearful for their loved ones' safety. These individuals frequently present in outpatient settings, be it hospitals, universities, private clinics, or community centres, where clinicians are often called to respond amidst the demands of a busy schedule.

The need for timely, compassionate, and effective intervention is critical, despite constraints on time and resources. This interactive workshop equips mental health professionals with **practical skills, systemic insights, and strategies for self-care** so that you can manage high-risk presentations with clarity, confidence, and compassion.

Key Learning Components

1. **Core Clinical Skills in Suicide Assessment**
 - How to conduct a suicide inquiry under time constraints
 - Identifying risk & protective factors
 - Developing person-centred crisis interventions and safety plans
2. **Systemic Lens on Suicide and Self-Harm**
 - How to conduct a suicide inquiry under time constraints
 - Identifying risk & protective factors
 - Developing person-centred crisis interventions and safety plans
3. **Postvention for Professionals**
 - Addressing the emotional impact of suicide work on clinicians
 - Tools for debriefing & reflective practice
 - Building resilience through self-care and supportive organisations

Why This Workshop Matters

Participants will leave with strengthened clinical competence, greater confidence in managing high-risk presentations, and renewed clarity about their role in suicide prevention and response. Beyond clinical skills, the workshop acknowledges the emotional toll of this work and provides participants with strategies to care for themselves and their teams.

Ultimately, this workshop aims to prepare mental health professionals not just to survive the storm of suicidality but to navigate it with clarity, courage, and compassion.

**Speakers:****Pheh Kai Shuen**

Lecturer and Clinical Psychologist
Department of Psychology and Counselling
Universiti Tunku Abdul Rahman

**Dr Ng Boon Seng**

Child & Adolescent Psychiatrist
Department of Psychiatry & Mental Health
Hospital Umum Sarawak

**Dr Nur Iwana binti Abdul Taib**

Medical Lecturer & Psychiatrist
Department of Psychological Medicine
Faculty of Medicine & Health Sciences
Universiti Malaysia Sarawak (UNIMAS)

**Dr Yuen Wai Chong**

Psychiatrist
Department of Psychiatry & Mental Health
Hospital Tuanku Ja'afar, Seremban



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1430-1440	Introduction	Dr Ng Boon Seng
1440-1500	CASE VIGNETTE	Dr Yuen Wai Chong
1500-1545	Conducting a suicide inquiry in a busy clinic: 1) assessment of self-harming patients 2) brief crisis intervention safety planning	Mr Pheh Kai Shuen
1545-1615	Suicide and self-harm through the systemic lens	Dr Ng Boon Seng
1615-1645	Postvention for Professionals	Dr Nur Iwana binti Abdul Taib
1645-1730	Case Discussions & Interactive Q&A	All speakers
1730	Closing Remarks & Key Takeaways	TBC

FEES

EARLY BIRD / Life Ordinary Member	Full-day Workshop	RM 500.00
	Half-day Workshop (morning OR afternoon workshop)	RM 380.00
REGULAR / Non-member	Full-day Workshop	RM 750.00
	Half-day Workshop (morning OR afternoon workshop)	RM 500.00

Special Rates Available!

We're pleased to offer **exclusive discounted rates** for psychiatric trainees and other mental health professionals in training. Group pricing options are also available.

For further details or to register under these special categories, don't hesitate to get in touch with us at:

secretariat@psychiatry-malaysia.org

For more information regarding the conference, please visit our website:

<https://conference.psychiatry-malaysia.com>

Warm regards and see you soon!

The 29th MCPM Organising and Scientific Team